

Instructions for Saliva Sample Screening

Begin by using a clean Q-Tip without touching the cotton ends. Swab your mouth with Q-tip first thing in the morning before any food or drink. Get both ends of the Q-tip wet. Drop it into a zip lock bag and close. Put the date and your name on the bag with a magic marker.

Include in a mailing envelope the saliva sample, the completed Client Information Form and the completed Disclaimer Form.

Please contact Palm Beach Nutrition & Wellness to arrange payment at 561-689-1070 or email support1@palmbeachnutrition.com.

Mail that SAME DAY to:

Palm Beach Nutrition & Wellness
Attn: Kim Butler
4411 45th Street, Suite 300
West Palm Beach, FL 33407